



10TH ASIAN REGIONAL CONGRESS OF
HEADACHE
DECEMBER 2024 / COLOMBO, SRI LANKA

ABSTRACT SUBMISSION INSTRUCTIONS:

- **Language:** English
- **Font:** Arial, size 11
- **Word Limit:** 300 words (excluding title and headings)
- **Title Format:** Capitalize Each Word
- **Author Format:** First Name Last Name, affiliation (e.g., Sophie M. Yener¹), with the presenting author **in bold**
- **Institution Format:** Department, Institution, City, Country. Institutional affiliations should be numbered and listed in superscript after each author's name.

To meet our required standards, please include the following sections in your abstract submission:

- Title
- Authors
- Affiliations
- Background
- Methods
- Results
- Conclusion
- 3 to 5 Key Words
- Disclosure of Any Financial Relationships (if applicable)

Please ensure that the name, surname, title, workplace, and city of the corresponding author are clearly indicated. We kindly ask authors to specify their preference for either an oral or e-poster presentation within the document.

Once your abstract is approved, at least one author will need to register for the congress before final submission.

File Submission Guidelines:

- All files must be submitted in .doc, .docx, or .pdf format only.
- Please name your file as follows: ARCH2024_AuthorSurname_AbstractNumber (for multiple submissions by the same author). (e.g., ARCH2024_Yener_1)

All submissions should be sent via email to info@migrainefoundation.org.au by 23:59 AEST on Monday, 18th November 2024.

ORAL ABSTRACT PRESENTATION SUGGESTIONS

We're excited to support you in delivering your presentation! Here are some helpful points to consider when building your content:

- **Font Size:** Use 18pt fonts or larger for better visibility.
- **Slide Design:** Avoid overcrowding your slides—embrace 'white space' to make your content more digestible.
- **Visual Quality:** Use high-quality images and try to avoid low-resolution visuals where possible.

PRESENTATION GUIDELINES

To ensure a smooth presentation experience, please follow these guidelines:

- **Format:** Presentations must be in 16:9 format and can be provided as a PowerPoint or Keynote file.
- **Videos:** If you include embedded videos, please supply them as external files for backup. Ensure video files are in MP4 or MOV format.
- **Slide Limit:** There is no limit on the number of slides, so feel free to include all necessary information.
- **Duration:** The presentation duration for oral abstracts is 10 minutes total—7 minutes for your presentation and 3 minutes for discussion.

We recommend arriving at your presentation venue at least 30 minutes before your session begins to allow time for setup and any last-minute adjustments.